EXPERIENCE
the power of OSTEOPATHIC MEDICINE
At the West Virginia School of Osteopathic Medicine students receive more than a medical education — they gain a medical experience.

We want students to experience the power of osteopathic medicine and understand its uniqueness in the health care profession. The WVSOM community seeks prospective students who are interested in being a part of something bigger. We want to find students who are inspired to make an impact on the communities they serve as a result of the educational and extracurricular experiences that they were involved in during their medical school journey.

WVSOM graduates benefit from a medical education with an emphasis on community service and giving back. We are looking for students who will incorporate the relationships they have established and the bonds they have created toward future patient care.

The first step for potential students is to envision attending WVSOM. Once you get here, immerse yourself in the medical experience and graduate with the power of osteopathic medicine at your fingertips.

“I love osteopathic manipulation.

I use it pretty much every single day in my own practice. To have such an awesome tool that we learn as part of our training — I think everybody should get the opportunity to learn it to the best of their ability.”

- JESSICA SMITH-KELLY, D.O.
WVSOM is No. 1 in the nation among all medical schools graduating physicians who practice in rural areas.

*Academic Medicine*

WVSOM is No. 1 in overall retention of graduates in the state, number of primary care physicians and physicians practicing in rural areas of West Virginia.

*Data obtained from W.Va. HEPC Health Sciences and Rural Health Report*

WVSOM was ranked one of the nation’s top medical schools for the 20th consecutive year.

*U.S. News & World Report*

WVSOM was recognized for the seventh consecutive year as a Great College to Work For.

*The Chronicle of Higher Education*

WVSOM is No. 1 in overall retention of graduates in the state, number of primary care physicians and physicians practicing in rural areas of West Virginia.

*Data obtained from W.Va. HEPC Health Sciences and Rural Health Report*

WVSOM is No. 1 in the nation graduating primary care physicians who practice in rural Appalachia.

*Academic Medicine*
EMBRACING

the CULTURE

The best part of WVSOM is the faculty and staff. They make every student part of a team by being down to earth and easy to talk to. Also, the campus is beautiful and the school continuously incorporates technology to improve learning. I’m very happy to be a student at WVSOM.

Adam Stout

Choosing to attend WVSOM was one of the best and easiest decisions I have ever made. Although I am far from my home, everyone from our professors to the housekeeping makes me feel as though I am part of their family. The campus is beautiful and the facilities are pristine. It is the best environment for anyone who is eager to learn and grow for the betterment of their patients and themselves.

Jazz Whittaker

I remember my interview day. I was very nervous not knowing what to expect; however, that feeling went away after everyone welcomed me with such a warmth. At that moment, I knew I found the perfect medical school for me. WVSOM is very supportive and brings out the best in each of us. WVSOM empowers us to grow in multiple aspects such as knowledge, professionalism, and altruism among others, so we can become physicians who can provide what our patients deserve — the best.

Sara Maguina
From the moment I arrived, I felt embraced by the WVSOM community. The staff and faculty are genuinely invested in helping me achieve my medical career aspirations. I feel fortunate to attend a medical school that provides such a positive and diverse learning environment for its students. I am confident that WVSOM’s curriculum will provide me with a strong foundation for a successful medical career.

CHELSEY WILLIAMS

WVSOM being a stand-alone medical school allows like-minded students an opportunity to learn in a quiet environment with a passionate faculty. Ultimately, the choice to attend medical school at WVSOM wasn’t a good choice — it was the best choice!

DAVID OYE

Being a minority female, I am always leery about relocating especially when I am unacquainted with anyone. Once I settled in Lewisburg, peace of mind was instantly achieved, which allowed me to fully focus on my medical education. The nucleus of Lewisburg is WVSOM. This small, rural community appreciates our presence and holds us to a high standard that evokes a desire for us to be better and do better for every patient we encounter in our journey toward becoming osteopathic physicians.

OPTIMUM ROBINSON
MISSION IN ACTION
The mission of the West Virginia School of Osteopathic Medicine (WVSOM) is to educate students from diverse backgrounds as lifelong learners in osteopathic medicine and complementary health related programs; to support and develop graduate medical education training; to advance scientific knowledge through academic, clinical and basic science research; and to promote patient-centered, evidence-based medicine. WVSOM is dedicated to serve, first and foremost, the state of West Virginia and the health care needs of its residents, emphasizing primary care in rural areas.

A MESSAGE FROM JIM NEMITZ, PH.D., WVSOM PRESIDENT

Every year, we are fortunate to enroll students who are bright, caring, curious individuals; who are on a personal mission to practice medicine and serve the health and wellness of patients.

We care for people. Our mission is to help make lives better by supporting students on a journey to become successful, patient-centered physicians. For us it is more than a statement – it’s a principle that guides each and every member of the WVSOM family to produce the best educated, most caring and compassionate osteopathic physicians in the world.

We are eager to find students who share our passion to improve people’s lives, who will immerse themselves in everything the school has to offer and use their intelligence, leadership and empathy to advance health care in our nation and across the globe. We are looking for lifelong learners and admire those who do not necessarily follow the pack. We desire students who have unique perspectives and life experiences, who bring to the table the ability to see the human element and who can appreciate the healing powers of compassionate care.

At WVSOM you will make great new discoveries, trust mentors, seal friendships, and discover personal resolve to accomplish your goals. It is not for the faint of heart. It takes determination and hard work. However, it is our mission to support you in reaching your full potential – every step of the way.

As you choose your next step on the path to become a physician it is important to learn about where you intend to spend the next four years. If you haven’t already, we invite you to visit, to see for yourself the difference that is WVSOM and the significant impact it will have on your life’s journey.

Sincere best wishes,

James W. Nemitz, Ph.D.
A MESSAGE FROM JIM NEMITZ, PH.D., WVSOM PRESIDENT

FAST FACTS

4,925 applications received

3.5 average science GPA

500 average MCAT composite

51% Males

49% Females

25 26 27 28 29 is the average age of our students

508 candidates interviewed

202 students enrolled

27% minority students

4,925 applications received
Become a part of the WVSOM family

Our students hail from all across the U.S., so when they arrive at WVSOM we want to make sure they know they have a family during their medical education. The faculty, staff and leadership who make up the WVSOM family genuinely care about our students and their successes. Whether it is the concern and follow-up from the admissions department, a faculty member who takes the extra time after class in order to help students review, or a member of the housekeeping staff who is interested in what is happening with a student’s life, there are many opportunities at WVSOM for students to receive personal attention and establish meaningful relationships. We hope that by experiencing this attention you will more deeply understand how important it is to bring a similar level of engagement and caring to your future patients.
SENSE OF COMMUNITY

Students come together to form a community of support. They quickly explore the local area to find their favorite hangouts and the friends that soon become like family.
A community with a history of supporting and caring for future physicians

WVSOM is nestled among the Appalachian Mountains in historic Lewisburg, W.Va. Our campus provides an idyllic environment that enables students to pursue a first-class medical education in an area full of outdoor beauty. If you are someone who feels nourished by proximity to nature, you will thrive among the old growth forests, long mountain views and trickling creeks that make up the Greenbrier Valley.

CULTURAL OUTINGS
► Musical performances at Carnegie Hall
► Live drama at the Greenbrier Valley Theatre
► Dance performances at Trillium

ANNUAL FESTIVALS
► West Virginia Winter Music Festival
► Chocolate Festival
► West Virginia State Fair
► Taste of our Towns (T.O.O.T.)
► Lewisburg Holiday Festival
OUTDOOR ACTIVITIES

- Hiking
- Mountain biking
- Whitewater rafting
- Golfing
- Kayaking/canoeing
- Caving

There are plenty of local restaurants and shops in downtown Lewisburg, but less than 10 minutes away there are more local businesses in White Sulphur Springs. The town is home to the world-famous Greenbrier Resort and Spa.

WVSOM’s picturesque location is served by the Greenbrier Valley Airport (LWB) and Amtrak rail service. Less than two hours away is the Roanoke-Blacksburg Regional Airport (ROA) in Roanoke, Va., and the Yeager Airport (CRW) in Charleston, W.Va., that can also be utilized as flight options.

*For more information about the Greenbrier Valley, visit www.greenbrierwv.com*
Osteopathic medicine is a distinct form of medical care founded on the philosophy that all body systems are interrelated and dependent upon one another and that the body has self-healing abilities.

Osteopathic physicians, like all medical doctors, can choose any specialty, prescribe drugs, perform surgeries and practice medicine anywhere in the U.S. This type of medicine relies on a more holistic approach to the patient — focusing on preventative medicine and ways to attain and maintain wellness. An osteopathic medical education provides you with training in OMM (Osteopathic Manipulative Medicine), where physicians use their hands as another tool to diagnose and treat injury and illness.

While WVSOM’s program is focused on primary care and rural medicine, the curriculum is designed to prepare students to enter any residency program in any specialty, in any environment.

The nation’s fully licensed osteopathic physicians practice the entire scope of modern medicine, bringing a patient-centered, holistic, hands-on approach to diagnosing and treating illness and injury. At WVSOM, you’ll experience osteopathic principles and practice incorporated into a variety of learning environments to complement the comprehensive coverage of basic and clinical sciences.

DOCTORS OF OSTEOPATHIC MEDICINE ARE ABLE TO:

- Practice in any specialty
- Prescribe medicine
- Practice anywhere in the U.S.
- Include OMM in diagnosis
- Practice a holistic approach to patient care

CORE PRINCIPLES OF OSTEOPATHIC MEDICINE:

The body is a unit.

The body is capable of self-regulation, self-healing and health maintenance.

Structure and function are reciprocally interrelated.

MORE THAN 140 YEARS OF HEALING

The founder of osteopathic medicine, Dr. Andrew Taylor Still, pioneered the concept of “wellness” in 1874. More than 140 years ago, Dr. Still recognized the inherent ability of the body to heal itself and stressed values of preventive medicine, eating properly and keeping fit as important regimens for a long and healthy life.

60-65% OF D.O.S CHOOSE ONE OF THE PRIMARY CARE SPECIALTIES.

Many osteopathic physicians specialize in primary care areas such as:

- Pediatrics
- Family Medicine
- Obstetrics and Gynecology
- Internal Medicine

Of course, a Doctor of Osteopathic Medicine may also be your:

- Emergency Medicine Physician
- Urologist
- Cardiologist
- Orthopedic Surgeon
- Other specialist

In today’s challenging health care landscape, many Doctors of Osteopathic Medicine fill a critical need for primary care physicians by practicing in medically underserved communities.
OF D.O.S CHOOSE ONE OF
THE PRIMARY CARE SPECIALTIES.

HANDS-ON APPROACH to patient-centered care
YOUR PATH AT WVSOM TO BECOME AN OSTEOPATHIC PHYSICIAN

For more than 40 years, WVSOM’s approach to an osteopathic medical education has been honed to a methodical, comprehensive path that includes classroom instruction by experts in their field, extensive human-patient simulator-based diagnostic instruction, standardized patient experiences and two years of personal instruction and mentoring through Statewide Campus rotations. All facets of your medical education are focused to prepare you for a life of rewarding, patient-centered care in primary and specialized fields of practice.

YEAR 1

► Learn course work and demonstrations in auditorium-style classrooms; experience Team-Based Learning (TBL); participate in Clinical Skills, Osteopathic Manipulative Medicine (OMM) and anatomy labs; and work directly with standardized patients in the Clinical Evaluation Center (CEC).
► Immerse yourself in the WVSOM community by participating in a variety of clubs, organizations and activities.
► White Coat Ceremony – WVSOM’s Convocation symbolizes your first step down the path toward being a physician. Family and friends gather to observe this significant event in your medical education.

YEAR 2

► Participate in the diagnosis and treatment of a variety of symptoms in a comprehensive human-patient simulator learning experience. Expand your abilities in OMM Lab, OMM Student Clinic and the Clinical Skills II Lab course.
► Get involved with leadership opportunities in student organizations and events. Community service opportunities are plentiful.
YEAR 3

- Statewide Campus (SWC) locations are selected by students who attend one of the seven SWC regions to serve as their homebase as they work beside clinical faculty and preceptors.
- Prepare for the COMLEX and the OSCEs – COMLEX is the pathway to licensure for osteopathic physicians in the U.S. and is taken at the completion of second and third year. Objective Structured Clinical Examinations (OSCEs) are designed to test competence in clinical skills performance.

YEAR 4

- The final year of clinical rotations can expand beyond the state of West Virginia to locations across the nation and abroad.
- Graduation – The culminating days of medical school. The celebration with friends, family and classmates, many of whom have become lifelong friends.

AFTER MEDICAL SCHOOL

- Mountain State Osteopathic Postdoctoral Training Institutions, Inc. (MSOPTI) is an accredited graduate medical education training consortium designed to support placement of graduates in a variety of residencies and internships.
- Alumni – Graduates continue to be supported through close networking with other alumni, presenting a variety of opportunities and continuing medical education sessions.
Familiarize yourself with our
CORE MEDICAL CURRICULUM
INNOVATION IN EDUCATION

WVSOM adapted a patient presentation curriculum that more fully integrates the teaching of basic science and clinical practice and aligns with how patients actually present to their doctors. The Year 1 curriculum begins with a foundation course to provide basic mechanisms needed to understand the subsequent patient presentations and treatments. The year continues with presentations organized by organ systems.

DYNAMIC APPROACH

Learning experience and delivery methods include

► Mix of large and small groups, including flipped classrooms and interactive team-based learning (TBL)
► Traditional lectures and labs
► Standardized patients
► Human-patient simulators
► Electronic health records
► Medical informatics

FIRST-YEAR CURRICULUM AT A GLANCE

► Osteopathic Principles and Practice I* (yearlong)
► Clinical Skills I (yearlong)
► Early Clinical Encounters (yearlong)
► Foundations of Osteopathic Medicine
► Musculoskeletal
► Skin
► Cardiovascular
► Respiratory
► Neurology
► Blood and Lymphatic
► Gastrointestinal
► Renal
► Endocrine
► Reproductive

*Unique to a D.O. degree

HONE YOUR CLINICAL EXPERTISE

First- and second-year students learn the critical importance of effective communication through human-patient simulators. Students open, solve and close cases with the assistance of standardized patients and human-patient simulators. Students practice what they learn in the classroom and build confidence as they progress in their training.

From suturing and casting labs to advanced cardiac life support, the CEC offers students what they need to hone their medical expertise. Physicians, nurses and other educational staff members provide hands-on instruction to individuals and groups.
## Year 2

### Innovation in Education

Second-year patient presentations will become progressively more complex, include multisystem presentations and incorporate previous presentations to form a spiral curriculum that reinforces and builds on previous learning. Concurrent with the patient presentations will be Clinical Skills and Osteopathic Principles and Practice (OPP) courses in which students will learn basic skills essential for an osteopathic physician. Throughout the curriculum, the seven osteopathic competencies and clinical reasoning skills will be incorporated as appropriate for the developmental stage of the student.

Students experience early clinical contact with physicians in the community and at the Robert C. Byrd Clinic throughout the year. They also participate in osteopathic manipulative medicine clinics with actual patients who have been referred by their local doctors. Under the supervision of physicians, you’ll gain hands-on experience utilizing the OMT skills taught in class.

### Second-Year Curriculum at a Glance

- Osteopathic Principles and Practice II* (yearlong)
- Clinical Skills II (yearlong)
- Heart
- Rheumatology
- Reproductive II
- Cardiopulmonary
- Neurology II
- Neurology III
- Renal II
- Gastrointestinal II
- Behavioral Medicine
- Blood, Immune, Bone
- Genitourinary
- Skin II/Medical Professionalism
- Objective Structured Clinical Examination (OSCE)

*Unique to a D.O. degree

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WVSOM faculty inspire students by sharing their professional experiences in medicine and science. These experiences act as the foundation to build upon for a commitment to lifelong learning.

### Insightful Faculty Interaction

Our faculty of nationally and internationally recognized Ph.D.s, D.O.s and M.D.s are able to fully focus on students. Students have unprecedented access to consult with professors outside the classroom. We understand that critical learning takes place outside the classroom.
Your second year of study will build on what you’ve learned in your first year —

TAKE IT TO THE NEXT LEVEL

OSTEOPATHIC COMPETENCIES AND CLINICAL REASONING SKILLS

1. Osteopathic Principles and Practice
2. Medical Knowledge
3. Patient Care
4. Interpersonal and Communication Skills
5. Professionalism
6. Practice-Based Learning and Improvement
7. Systems-Based Practice
NOT YOUR AVERAGE CLINICAL ROTATION

WVSOM’s Statewide Campus system for clinical rotations ensures students receive the utmost educational experience, a more stable home life and greater opportunities for students to match into state residency programs.

Seventy-nine hospitals, clinics and medical centers across West Virginia participate in the Statewide Campus program. Students are placed at one of 23 base site hospitals and rotations are generally within 50 miles of the base site. During the third year, students are required to complete eight weeks of family medicine and eight weeks of internal medicine, as well as four weeks of pediatrics, surgery, OB-GYN/women’s health, psychiatry, emergency medicine, four weeks of electives and a four-week Dean’s Selective rotation. During the fourth year, students are required to complete eight weeks each in internal medicine, surgery and family medicine, as well as four-weeks of pediatrics. Additionally, students have the opportunity to choose 10 weeks of electives in areas that fulfill their individual interests. The fourth year can be completed at one of the Statewide Campus sites in West Virginia or various sites of their choosing in other states. In addition to their clinical rotation requirements, students may be involved in clinical case conferences, tumor boards, skill labs and professional development seminars. During this period, students will learn how to present clinical cases to a variety of audiences.

WVSOM students provide approximately 1,050,000 health care hours per year.

SWC regions are supported by 14 staff members and 7 regional assistant deans.

2,335 Preceptors
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<td>SURGERY</td>
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<tr>
<td>OB-GYN/women’s health</td>
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<td>PSYCHIATRY</td>
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<td>EMERGENCY MEDICINE</td>
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<td>ELECTIVES</td>
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DEDICATED to MEDICAL STUDENTS

STUDENT CENTER
- Campus Store
- Student Affairs
- O'Café

Fulfilling the WVSOM commitment to provide excellent environments to enhance the student experience, fall 2016 brought the completion of the WVSOM Student Center. The building is in the heart of the WVSOM campus and provides dining, meeting, conference, recreational and collaborative study spaces for the WVSOM community.

CLINICAL EVALUATION CENTER (CEC)
- High-fidelity simulators
- Standardized patients
- Electronic health records

At the Clinical Evaluation Center, students confront and treat real world patient situations in a training environment. The human-patient simulators appear lifelike in many ways. Technicians program a set of symptoms for the simulator to demonstrate as the student evaluates, diagnoses and suggests treatment, all while they are being filmed or a faculty member looks on. Whether it’s learning to intubate a trauma patient, delivering a baby or distinguishing heart murmurs, the simulators are valuable teachers during the first two years on campus. Students receive immediate feedback on whether treatment has been successful and gain confidence they can carry into real patient encounters. The CEC also houses 24 standardized patient exam rooms where local community members are trained to present symptoms as students learn to take personal histories and recognize key issues.

WVSOM’s Clinical Evaluation Center was the first in the state accredited by the Society for Simulation in Healthcare in the area of teaching/education.

FREDRIC W. SMITH SCIENCE BUILDING
- Anatomy lab
- Research facilities

Students are assigned and learn from a specific cadaver, which they will dissect during their course of study, while plastinated organs provide enhanced examination of the human body in a controlled environment. At the end of your first year, you will have an opportunity to express your appreciation to the families of those individuals who donated their final gift — the human gift — to advance the cause of science and further your medical education.

CENTER FOR TECHNOLOGY AND RURAL MEDICINE
- Year 1 and Year 2 student classrooms

We recognize the importance of being at the forefront of medical technology, so you will find innovation integrated into all levels of instruction at WVSOM.
- First-year students receive a fully-equipped tablet hybrid computer to utilize during their four years of study.
- Wireless Internet services are offered on campus, ensuring students’ unlimited access to research resources, course materials and a global communications network.
- You will be fully immersed in the collection and analysis of patient data through electronic health records – an important tool that is changing the face of diagnosis and treatment in the country.
RESEARCH plays a pivotal role in MEDICAL SCHOOL EDUCATION

FREQUENTLY ASKED QUESTIONS

You are unique. The factors that influence your decision to attend medical school and, specifically, the West Virginia School of Osteopathic Medicine will vary; however, here are a few questions that are asked on a frequent basis.

WILL I HAVE AN OPPORTUNITY TO CONDUCT MEDICAL RESEARCH AT WVSOM?

Research plays an important role in a medical student’s education and in the advancement of medical science. WVSOM faculty conduct research in both the basic and clinical sciences and they enthusiastically offer a limited number of students opportunities to participate in research activities during the school year or between their first and second year. Students may also have the opportunity to participate in research at institutions outside WVSOM during the summer. You will gain career-enhancing knowledge and experience in research principles, statistical analysis and ethics. Students have the chance to present their research findings during campus seminars, as well as at national meetings. You are encouraged to explore research endeavors in a field that interests you.

WHEN WILL I BEGIN SEEING PATIENTS?

At WVSOM, exposure to the clinical environment begins immediately in your first year through physician shadowing at the Robert C. Byrd Clinic in the Early Clinical Encounters course. The Robert C. Byrd Clinic is the school’s on-campus health clinic serving the Greenbrier Valley. During Clinical Skills I in the first year and Clinical Skills II in the second year, students learn to take a medical history, perform a physical exam, suture wounds, apply and remove casts, scrub for surgical procedures, administer injections and numerous other tasks integral to the clinical experience of a primary care physician. You have opportunities to practice some of these skills during the afternoons spent in the office.

A number of significant milestones have been reached by students who decide to take part in research programs and opportunities.

MORE RESEARCH

Ask admissions for a copy of the WVSOM research opportunities brochure to learn more.
of various health providers during the Clinical Skills II course. These early exposures allow students to develop the clinical skills — and the attentive listening skills — they will need in the more intensive clinical rotations during the third and fourth years.

An additional area for patient-student experience is the Student OMM Clinic in Year 2, where students are assigned to evaluate a member of the community and treat with OMT under the supervision of faculty.

I KEEP HEARING ABOUT COMMUNICATION SKILLS, ARE THEY REALLY THAT IMPORTANT?

Effective communication skills will be critical to your success as a physician, not only in your interactions with patients, but also with their families and with other physicians. It can even be argued that accurate diagnosis and treatment cannot happen without a deep attentiveness to what people are saying — not only with their words, but with their body language or with what they are choosing not to say. In your first semester at WVSOM, you will begin to deepen and refine your communication skills by working with standardized patients. Standardized patients are actors drawn from the local community who are trained to portray patients with specific health problems and symptoms. Ongoing interaction with standardized patients throughout the year will help you to learn important physical examination and history-taking skills. It is our hope that it will also help you to value a compassionate connection with your patient.

HOW WILL I BE EVALUATED?

In addition to faculty evaluations throughout your course work, at the end of the second and third years, students must take and pass an OSCE. An Objective Structured Clinical Examination (OSCE) is used to evaluate each student’s clinical competency, knowledge, bedside manner, communication skills and ability to handle stress.

Each OSCE station has a standardized patient and/or human-patient simulator and deals with a unique medical situation in which the student must respond. This exam evaluates a student’s competency to advance to the next year. It also helps to prepare the student for a similar exam, the COMLEX PE, which must be passed as part of the National Board Licensing Exam.
An important component of the WVSOM experience is community engagement and service. Hundreds of opportunities exist to experience hands-on learning and bring the human component of empathy and compassion to the forefront.

RURAL HEALTH INITIATIVE
WVSOM students selected for the Rural Health Initiative (RHI) receive multiple benefits from participating in the unique program. The RHI program was designed to enhance the rural primary care curriculum at WVSOM in order to produce graduates qualified to practice medicine in underserved communities in West Virginia. Third and fourth year students are given the opportunity to learn about rural industries such as coal mines or a timber and logging company, as well as how that industry affects the daily life or health of workers in the mountain state.

RURAL EXPERIENCES
Students participate in unique rural experiences during their third and fourth years. Examples might be visiting a saw mill, oil, gas and poultry operations. These experiences provide an opportunity to learn about local industries and daily life in the mountain state and how these factors affect health and treatment within those communities.

FINANCIAL SUPPORT
Students in the RHI program receive a stipend while on rural rotations, along with additional financial counseling.

PHYSICIANS AS MENTORS
Student doctors selected for the Rural Health Initiative program will be placed in specially-selected primary care experiences with rural West Virginia physicians who serve as mentors. These physicians follow the student doctor through their clinical education and into their residency. Residents in the Mountain State Osteopathic Postdoctoral Training Institutions (MSOPTI) will also be utilized as student mentors.

Medical students at WVSOM complete a minimum of three rural rotations (two must be in West Virginia) during their clinical years. Participation in the Rural Health Initiative takes rural clinical exposure to a new level of engagement.

WVSOM students have the chance to learn wilderness medicine through a two-week elective rotation. The wilderness medicine rotation began in 2013 and was the first one offered by an osteopathic school in the country.
Special RHI site selection to allow early access to rural and underserved base sites for rotations during years 3 and 4.

**DURING YEAR 1**

12 – 18 medical students are selected to be in the RHI program.

Experiences include

- community projects
- mentoring young pre-medical majors
- teaching high school students lifesaving skills such as CPR

**DURING YEAR 2**

Experiences include

- rural community health projects
- events involving high school or undergraduate pre-med majors

**DURING YEAR 3**

Experiences include

- RHI industry activities
- Community health education and outreach
- Continue mentorship
- Participation in rural and underserved rotations within SWC
- Receive financial scholarship for approved rural and underserved rotations

**DURING YEAR 4**

Experiences include

- Wilderness medicine rotation
- RHI industry activities
- Networking support for residency placement
- Sign-on incentives for accepting a West Virginia primary care residency program
- Opportunity to mentor pre-med major students
Students at WVSOM practice the principle of “doing well by doing good.” They lead a variety of community service projects throughout the school year to serve the residents of Greenbrier County, the state of West Virginia and locations beyond our borders.
2017-2018 ACADEMIC YEAR SERVICE

Throughout the 2017-2018 academic year, WVSOM had more than 170 students participate in a variety of community service projects, volunteering more than 11,900 hours of their time. Forty-one of those students logged more than 100 hours, allowing them to reach gold status. We had one student log more than 300 hours, reaching platinum status.

STUDENT ORGANIZATIONS

- American College of Osteopathic Family Physicians (ACOFP)
- American Geriatrics Society – WVSOM Chapter
- American College of Osteopathic Obstetricians and Gynecologists (ACOOG)
- American College of Osteopathic Neurologists and Psychiatrists (ACN-ACONP)
- American Osteopathic College of Physical Medicine and Rehabilitation (AOCPMR)
- Association of Military Osteopathic Physicians and Surgeons (AMOPS)
- Atlas Club - Ethmoid Chapter
- Christian Medical and Dental Association (CMDA)
- Delta Omega
- DOCARE
- Integrative Medicine
- Medical Students For Choice (MSFC)
- Medical Muslim Student Association
- Pathology
- Research
- Sigma Sigma Phi – Nu Chapter (SSP)
- Student American Academy of Osteopathy (SAAO)
- Student Osteopathic Internal Medicine Association (SOIMA)
- Student Osteopathic Medical Association (SOMA)
- Student Chapter of the American Osteopathic Academy of Sports Medicine (SC-AOASM)
- Student Association of the American College of Osteopathic Pediatricians (SAACOP)
- Student Advocate Association (SAA)
- Student American Osteopathic Academy of Orthopedics (SAAAO)
- Student Chapter of the American College of Osteopathic Emergency Physicians (SCACOEP)
- Student Osteopathic Surgical Association (SOSA)
- Wilderness Medicine

SERVICE INITIATIVES

- Provide care and compassion
- Revitalize community spaces
- Educate for a better future
- Share your knowledge
- Give it your all
- Inspire and connect
- Bring comfort
- Rebuild to create a better home
- Challenge yourself and others
The Center for International Medicine and Cultural Concerns (CIMCC) provides WVSOM students the opportunity to expand their medical knowledge through hands-on programs offered during each year of medical training. In support of WVSOM’s mission, the CIMCC seeks to expand a global medical education initiative. Students have participated in rotations in more than 30 countries with the majority taking place in underserved, mostly rural communities. Students are exposed to a wider variety of illnesses, ailments and unusual clinical presentations in these global communities than they are likely to encounter in first-world countries.

New sites are added annually.

30+

COUNTRIES

WVSOM’S INTERNATIONAL EXPERIENCES HAVE INCLUDED:

- Bangladesh
- Bolivia
- Brazil
- Cambodia
- Costa Rica
- Dominican Republic
- Ecuador
- England
- Germany
- Ghana
- Guatemala
- Himalayas
- India
- Italy
- Jamaica
- Malawi
- Mexico
- Nicaragua
- Panama
- Peru
- Philippines
- Poland
- Republic of Georgia
- Romania
- South Africa
- South Korea
- Swaziland
- Tanzania
- Vietnam
- Saipan
- Zambia

353 STUDENTS have experienced rural health on a global scale since 2009

FIRST AND SECOND YEAR

Students can travel with the DOCARE club during spring break.

BETWEEN FIRST AND SECOND YEAR

Students have the chance to obtain “Dean’s Recognition” in global health when participating in WVSOM sponsored international programs.

THIRD YEAR

Students can complete a four-week family medicine elective rotation in an approved global community.

FOURTH YEAR

Students can essentially design their own two to eight week elective global rotation in any area.
IMPACT your ability to MATCH

While you may choose to train in a residency program of your choice, WVSOM continues to expand its highly regarded postdoctoral residency programs in order to provide quality training options for our graduates.

Sponsored through our Mountain State Osteopathic Postdoctoral Training Institutions (MSOPTI), internships, residency programs and fellowships are currently offered at eight affiliated and partner hospitals and two teaching health centers.

This network of MSOPTI training sites offers a variety of medical training for recent graduates. Physicians enrolled in MSOPTI AOA-approved or ACGME-accredited programs can practice in different specialties, including family medicine, emergency medicine, internal medicine, internal medicine/emergency medicine, neuromusculoskeletal medicine and transitional year. Other specialties are being developed to meet graduates’ needs.

For additional information: msopti.wvsom.edu

CLASS OF 2018 MATCH DATA

97% MATCH RATE

184 Graduates
179 Matched into residencies

6 Military residencies

64% Primary care residencies
Family Medicine, Internal Medicine, OB/GYN and Pediatrics

31 Students matched in West Virginia residency programs

TOP SPECIALTIES

30% Internal Medicine
23% Family Practice*
11% Emergency Medicine
8% Pediatrics

- Anesthesiology
- Dermatology
- General Surgery
- Internal Medicine/Pediatrics
- Internship
- Med- Prelim*
- Neurology *
- OB/GYN
- Orthopedic Surgery
- Pathology
- Physical Medicine and Rehabilitation
- Psychiatry
- Traditional
- Transitional Year*
  *includes military spots

30% Internal Medicine
23% Family Practice*
11% Emergency Medicine
8% Pediatrics

For more information on WVSOM graduate outcome data or board pass rates visit www.wvsom.edu/admissions/graduate-data
Can you already envision yourself as a medical student at WVSOM?
Are you ready to experience the power of osteopathic medicine?

The experiences that you gain throughout your medical journey will define who you become as an osteopathic physician. You have already considered a unique profession when you took an interest in osteopathic medicine — now consider a unique medical school when you take your future into consideration. WVSOM’s mission, personal attention, family involvement, emphasis on community involvement and a comprehensive medical education are all characteristics that set WVSOM apart from other medical schools.

We are committed to helping you reach your goals, gain the knowledge and experience to practice medicine and eventually help others. We are certain that the experiences you have at WVSOM will change your life forever.

So we ask you ...
ARE YOU READY FOR THE EXPERIENCE?
PRE-APPLICATION CHECKLIST

Below is a sample checklist for individuals who wish to start medical school immediately after completing their undergraduate degrees. Please see a career advisor for more detailed information.

Junior Year

FALL SEMESTER

☐ Identify when you will complete premedical course work requirements.

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>6</td>
</tr>
<tr>
<td>Behavioral Sciences</td>
<td>6</td>
</tr>
<tr>
<td>Biochemistry</td>
<td>3</td>
</tr>
<tr>
<td>Biology/Zoology</td>
<td>6</td>
</tr>
<tr>
<td>Chemistry</td>
<td>9</td>
</tr>
</tbody>
</table>

Labs — 6 hours (must include at least 2 hours of biology lab and 4 hours of any combination of biology, chemistry, and/or physics lab)

A grade of “C” or better must be earned in all prerequisite course work. Applicants must complete a total of 90 semester hours of credits from an accredited college or university.

☐ It is recommended that prospective applicants also have the following (optional):

<table>
<thead>
<tr>
<th>Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anatomy</td>
</tr>
<tr>
<td>Histology</td>
</tr>
<tr>
<td>Physiology</td>
</tr>
<tr>
<td>Cell Biology</td>
</tr>
<tr>
<td>Medical Microbiology</td>
</tr>
<tr>
<td>Embryology</td>
</tr>
<tr>
<td>Modern Genetics</td>
</tr>
</tbody>
</table>

☐ Familiarize yourself with the AACOM site for applicants and potential applicants:

www.aacom.org/become-a-doctor/applying

☐ Schedule a date to take the MCAT:

www.aamc.org/students/applying/mcat

☐ Explore the field of medicine by shadowing an osteopathic physician, volunteering at a hospital, or researching current medical issues.

SPRING SEMESTER

☐ Request letters of recommendation from an osteopathic physician and a faculty member. As a courtesy, remember to give your recommenders at least one month to complete their letters.

☐ Take the MCAT.

Summer before Senior Year

☐ There’s still time to take the MCAT.

☐ Begin preparing for your interviews.

☐ Research financial aid options:


STEP-BY-STEP APPLICATION PROCESS

1. AACOMAS application

Apply online at:

www.aacom.org/become-a-doctor/applying.

Please allow 4-6 weeks for AACOMAS to process a complete application to WVSOM. Have all official transcripts* from all colleges attended and MCAT** scores sent directly to AACOMAS.

2. Letters of recommendation

Two evaluation letters are required:

• One from an osteopathic physician (non-relative).
• One from a pre-med committee member or a science faculty member who instructed you.

LETTERS MAY BE SUBMITTED THROUGH:

Virtual Eval, Interfolio or AACOMAS

SUBMIT ALL OTHER FORMS AND LETTERS TO:

WVSOM Admissions Office
400 Lee Street North
Lewisburg, WV 24901

3. Interview/fee

Your AACOMAS application will be reviewed along with your WVSOM supplemental application and letters of recommendation. If you are selected to interview, you will be asked to submit the following electronically:

• Non-refundable fee of $40 in-state; $80 out-of-state.
• Statement of disclosure: any past or pending professional disciplinary actions.
• Verification of in-state residency status for West Virginia residence.

4. Personal interview

All on-campus interviews with the applicant interview committee are by invitation only and are mandatory for further consideration.

Students are required to have U.S. citizenship or have proof of permanent resident status (green card).

*Course work taken at a foreign institution must be evaluated for U.S. equivalence by an AACOMAS approved evaluation service.

** MCAT scores must be within three calendar years from desired date of matriculation.

IMPORTANT AACOMAS DATES

May 3
AACOMAS begins processing applications

Feb. 15
Primary application material deadline for AACOMAS

American Association of Colleges of Osteopathic Medicine (AACOM)
7700 Old Georgetown Rd.
Suite 250
Bethesda, MD 20814
301.968.4190 • www.aacom.org
**IT’S DECISION TIME!**

After you interview, your complete file (all forms and letters) will move to the Admissions Committee for further review.

<table>
<thead>
<tr>
<th>Acceptance date</th>
<th>First deposit due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prior to Nov. 15</td>
<td>Dec. 14</td>
</tr>
<tr>
<td>Nov. 15 - Jan. 14</td>
<td>within 30 days from acceptance</td>
</tr>
<tr>
<td>Jan. 15 - May 14</td>
<td>within 14 days from acceptance</td>
</tr>
<tr>
<td>On or after May 15</td>
<td>within one week of acceptance or immediately</td>
</tr>
</tbody>
</table>

First non-refundable deposit of $500 in-state and $2,000 out-of-state

- within two weeks after the first deposit or immediately, if you were accepted after March 1

A second non-refundable deposit of $500 in-state and $1,000 out-of-state is due by March 15

**WHAT DO I NEED TO DO TO RECEIVE FINANCIAL AID?**

The costs of a quality medical education are high, but the rewards of your medical career will be great. Careful planning and financial management will ensure you are on track to meet your future obligations and achieve the dreams you’ve worked so hard to accomplish. Our financial aid staff will answer all your questions and help you understand the school’s comprehensive system of financial assistance services.

Free Application for Federal Student Aid (FAFSA) and the WVSOM Financial Aid Application must be filed yearly to apply for financial aid.

**Scholarships**

A variety of scholarships are available to WVSOM students. The director of financial aid provides information to students who meet the specific scholarship requirements.

- **Institutional and privately-funded scholarships**
  - **Yellow Ribbon Scholarship**
  - **Veterans Administration**
    - Students who are eligible for VA benefits should contact their Regional VA Office or the WVSOM Registrar’s Office
  - **Federal Work Study**
    - Campus-based, federally-funded program that allows students to work during the summer and part-time during the academic year
    - There is a community service component to this program

**Health Professions Scholarship Program**

Full scholarships awarded through a branch of the Armed Forces

Contact your local Armed Forces recruiter for more information

**Health Resources and Services Administration (HRSA) Scholarship for Disadvantaged Students**

For students who are committed to a career in primary care and who meet federal criteria as being from a disadvantaged background who also demonstrate exceptional financial need

Application online: [www.wvsom.edu/students/HRSA-Application](http://www.wvsom.edu/students/HRSA-Application)

Contact WVSOM’s financial aid representatives at: [www.wvsom.edu/OMS/fa/financial](http://www.wvsom.edu/OMS/fa/financial)

**Loans**

- **Federal Unsubsidized Stafford Loan**
  - Non-need-based loan for up to $42,722
  - Interest rate is fixed at 6% and interest accrues from the date of the first loan disbursement
  - Origination fee of up to 5.31%

- **Graduate Professional Plus Loan**
  - Eligibility is up to the budget maximum less other aid
  - Federally insured loan at a fixed interest rate of 7% and interest accrues from the date of the first disbursement
  - Origination fee of 6.31% charged up front

WVSOM’s Financial Aid office 304.647.6369
YOUR STRONG COMMITMENT TO THE WVSOM MISSION WILL HAVE A LASTING BENEFIT TO THE PATIENTS YOU SERVE.

CONNECT
1.888.276.7836
recruitment@osteowvsom.edu

VISIT
400 Lee Street North
Lewisburg, WV 24901

WEST VIRGINIA SCHOOL OF OSTEOPATHIC MEDICINE

WVSOM is an equal opportunity/affirmative action institution and is committed to fostering an educational environment that values the development of human potential, cultural and ethnic diversity, and understanding. It is the policy of WVSOM not to discriminate on the basis of race, ethnicity, color, religion, sex (including pregnancy), gender, gender identity, sexual orientation, national origin, age, marital status, veteran or military status, disability, or genetic information or other category that is protected under federal, state, or local anti-discrimination laws in its educational programs, activities, admissions, or employment policies. However, with respect to disability, the disability must not be such as would, even with reasonable accommodation, in and of itself preclude the student or applicant’s effective participation in the WVSOM educational program. Questions or complaints concerning equal opportunity or affirmative action should be directed to the WVSOM Human Resources Office, 400 Lee Street North, Lewisburg, WV 24901, or by phone at 304-647-6279 or 1-800-356-7836. Questions or complaints concerning sexual discrimination or sexual misconduct should be directed to the WVSOM Title IX Coordinator, Dr. Rebecca Morrow, 400 Lee Street North, Lewisburg, WV 24901, or by phone at 304-793-6591. See WVSOM’s Institutional Policy GA-14: Equal Opportunity. Nondiscrimination, Sexual Misconduct, and Other Forms of Harassment.

Additional information for students is located on the WVSOM student resources webpage, available at http://www.wvsom.edu/OMS/students-home.