

WVSOM Office of Assessment and Educational Development

# OAED STUDENT NEWS

## INTRODUCTION

### This month

Spring arrives on the 20th and you, along with the Perseverance, continue to “Dare Mighty Things.” In this installment of the newsletter you will find information about how the library can assist you in your studies, wellness tips based on responses to the Wellness Survey, and three

professional opportunities with March application deadlines.

Our next newsletter will be delivered on April 1, 2021. In the meantime, continue to work hard and remember to take care of yourself.



"Mars Decoder Ring"  
<https://www.jpl.nasa.gov/images/mars-decoder-ring>

*"Mistakes are a fact of life. It is the response to the error that counts."*

*-Nikki Giovanni*

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## eMedley Tip: Reviewing Case Rubrics

For students completing cases in *eMedley*, you can review the rubric/feedback on your case by doing the following:

1. Go to *educate*.
2. Click the funnel icon next to the search bar at the top of the screen.
3. Click the dropdown menu next to *section* and select the appropriate section.
4. Click *Filter*.
5. You will see an item list titled *Family Medicine Case Study, Stookey Case 1,*

*or Stookey Case 2.* Click the *View Homework* icon.

6. In the bottom left corner, click on the *View Rubric* bar.
7. The shaded bubbles on the rubric correspond to the level that you got in each row/section. Comments to the right are for that particular row/section. Overall comments left by the grader (if any) are at the bottom under *General Comments*.

# Meet: The James R. Stookey Library

The James R. Stookey Library supports the work of all WVSOM students, faculty, alumni, and staff as well as MSOPTI residents and preceptors by providing both physical and virtual resources. Here are reminders of some of the services that are offered.

## Help

- Library staff can help with locating online readings, creating accounts for online resources, and searching for literature.
- Library staff are always available to help with individual resources if a tutorial is needed.

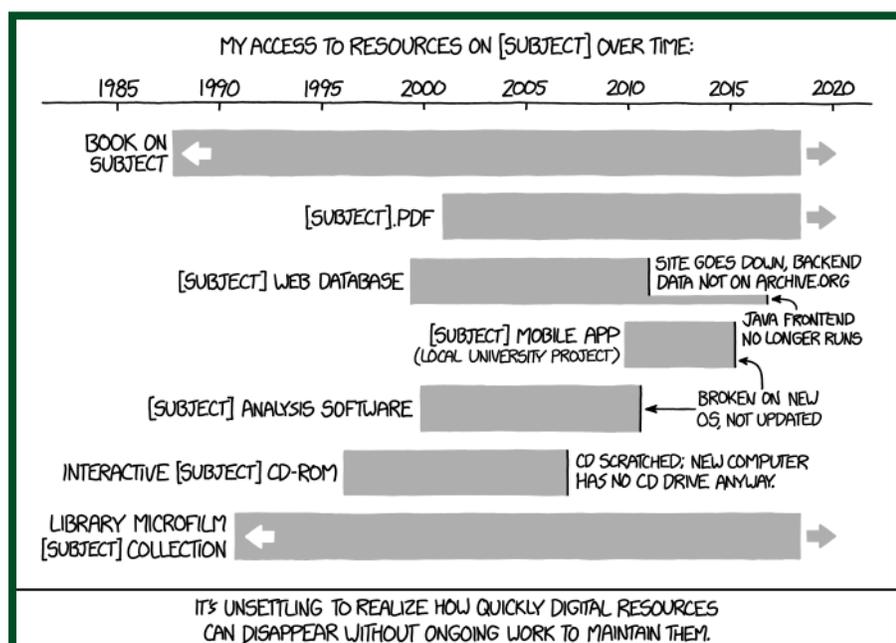
## Physical Resources

- Students can check out textbooks and board study books as well as OMT tables. Library staff can renew materials for you if you email or call us.
- In addition to public study space, the Library has private study rooms that can be reserved for 4-hour periods.

## Virtual Resources

- Links to eBooks from the required and recommended text list for years 1 and 2 :  
<https://libguides.wvsom.edu/c.php?g=592153>
- Links to eBooks from required and recommended text list and additional resources for years 3 and 4:  
<https://libguides.wvsom.edu/c.php?g=691555>
- Library tutorials :  
<https://libguides.wvsom.edu/tutorials>
- If you're searching PubMed use this link <https://pubmed.ncbi.nlm.nih.gov/?otool=wvsomlib> and you'll be able to access any articles WVSOM has available as full text.

*Thank a librarian today!*  
("Digital Resource Lifespan" from *xkcd.com*)



# Important Dates

|                                     | General March Events   |
|-------------------------------------|--|
| March 2, 2021<br>12:00 pm           | <b>All Students:</b> Special Residency Roundtable on: 1st Years—Your Last Summer Break: Relax, Enjoy, and Prepare and 3rd & 4th Year Rotations: ERAS & the Match with Dr. Shuman, Dr. Frank, and Scott Maxwell. See your email for link.   |
| March 2, 2021<br>6:30 pm—8:30 pm    | <b>All Students:</b> Fourth and final session of LGBTQ+ Health Series hosted by the Medical Student Pride Alliance. Sessions are conducted virtually. Email <a href="mailto:jmoi@osteo.wvsom.edu">jmoi@osteo.wvsom.edu</a> with questions.   |
| March 6, 2021<br>10:00 am—12:00 pm  | <b>Y1 and Y2 Students:</b> Board Prep for Neuro III class on Anatomy and Clinical Syndromes with Orthopedics Club. Access in <a href="#">Sigma Sigma Phi Teams</a> . Contact <a href="mailto:mhaft@osteo.wvsom.edu">mhaft@osteo.wvsom.edu</a> if you need help entering the meeting. |
| March 13, 2021<br>10:00 am—12:00 pm | <b>Y1 and Y2 Students:</b> Board Prep for Neuro III class on Respiratory with Dr. Landvoigt. Access in <a href="#">Sigma Sigma Phi Teams</a> . Contact <a href="mailto:mhaft@osteo.wvsom.edu">mhaft@osteo.wvsom.edu</a> if you need help entering the meeting.                       |
| March 15, 2021<br>11:15 am          | <b>Y4 Students:</b> Special virtual meeting for all Y4 students that will go through the SOAP process of the Match.  |
| March 20, 2021<br>10:00 am—12:00 pm | <b>Y1 and Y2 Students:</b> Board Prep for Skin class on Neurological Disorders with Neuro-Psych Club. Access in <a href="#">Sigma Sigma Phi Teams</a> . Contact <a href="mailto:mhaft@osteo.wvsom.edu">mhaft@osteo.wvsom.edu</a> if you need help entering the meeting.              |
| March 27, 2021<br>10:00 am—12:00 pm | <b>Y1 and Y2 Students:</b> Board Prep for Skin class on Community Health with Clinical Sciences Department. Access in <a href="#">Sigma Sigma Phi Teams</a> . Contact <a href="mailto:mhaft@osteo.wvsom.edu">mhaft@osteo.wvsom.edu</a> if you need help entering the meeting.        |
|                                     | Dates Regarding Residency Applications and The Match<br>(From the Office of Graduate Medical Education—GME)  |
| March 3, 2021                       | NRMP ROL deadline 9 p.m. ET  |
| March 15, 2021                      | Students receive Match/Unmatch status 10:30 a.m. ET; Supplemental Offer and Acceptance Program (SOAP®) begins at 11 a.m. ET  |
| March 19, 2021                      | National Resident Matching Program (NRMP®) main residency match results will be available at 12 p.m. ET.   |
| April 16, 2021                      | Deadline for students to complete GME/Alumni information sheet.  |
| May 31, 2021                        | ERAS 2021 season ends: MyERAS closes at 5 p.m. ET.   |

## Focus on Wellness

Feedback from the Wellness Survey showed that many people deal with the stress of medical school during a global pandemic by getting outside, that there is a lot of interest in eating healthy, and that people miss group activities. In response to this, we are sharing some ideas for getting outside, eating well, and shared arts activities.

### Get Outside

The start of the Greenbrier River Trail is only a few miles from Lewisburg. The trail runs 78 miles north from Caldwell to Marlinton. It is a great place to take a quick walk, run, or bike break!

The Greenbrier State Forest is 7 miles from Lewisburg. With 12 hiking and mountain bike trails, an 18-hole frisbee golf course, picnic tables, and a playground, the park is a great place to spend a few hours outside. It also has a heated outdoor pool, campsites, cabins, and a small shop that sells frisbee golf discs and other products.



*Bloodroot blooms locally in March and April.*

*"bloodroot" by Muffet is licensed under [CC BY 2.0](#)*



*Quick, simple, and delicious food*

*"Food snack for lunch" by Schilling 2 is licensed under [CC BY-ND 2.0](#)*

### Get Cooking

In his book, *In Defense of Food: An Eater's Manifesto*, Michael Pollan give this advice: "Eat food. Not too much. Mostly plants." He argues that much of what we eat today is so processed that it is an "imitation of food". One way to avoid this is to cook, and sometimes, the hardest part of cooking is deciding what to make. Here are a couple of sources of quick and easy recipes that use real food. The second link takes you to a list of websites that allow you to find recipe ideas based on the food you have at home.

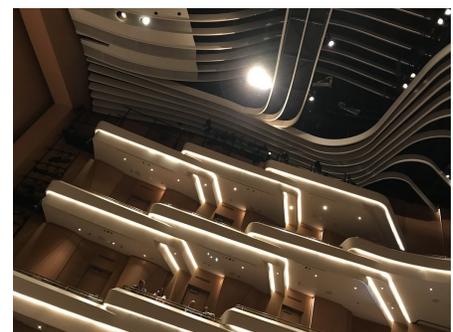
[NY Times What to Cook this Week](#)

<https://www.penningtonlibrary.org/finding-recipes-for-ingredients-you-already-have/>

### Get Together

While in-person performances are still on hold due to COVID, the Virginia Tech Moss Arts Center offers a wide range of virtual performances this spring. Tickets are only \$10. All performances have a live chat for attendees and most have a post-performance question and answer session with the artists. The next performance is with Jake Shimabukuro—ukelelist extraordinaire! Follow the link below for the entire list: of spring performances:

<https://artscenter.vt.edu/performances.html>



*An inside view of the Moss Center*

*"Moss Arts Center interior" by [Ins1122](#) is licensed under [CC BY 2.0](#)*

## Conferences & Events

### April 20-22, 2021—AACOM “Educating Leaders 2021”

AACOM is transitioning its annual conference to a virtual format. To receive emails about updates as they happen, send your contact information to [annualconf@aacom.org](mailto:annualconf@aacom.org). Alternatively, use the link above to see updates on the AACOM website.

### June 12-15 2021—IAMSE Meeting

The decision has been made to move the conference, which was slated to be held in Cancun, to a virtual event. The change of venue makes attendance much more accessible. For more information go to: <http://iamse.org/annual-conference/>

*“Science has everything to say about what is possible.  
Science has nothing to say about what is permissible.”  
-William J. Mayo*

## Other Opportunities

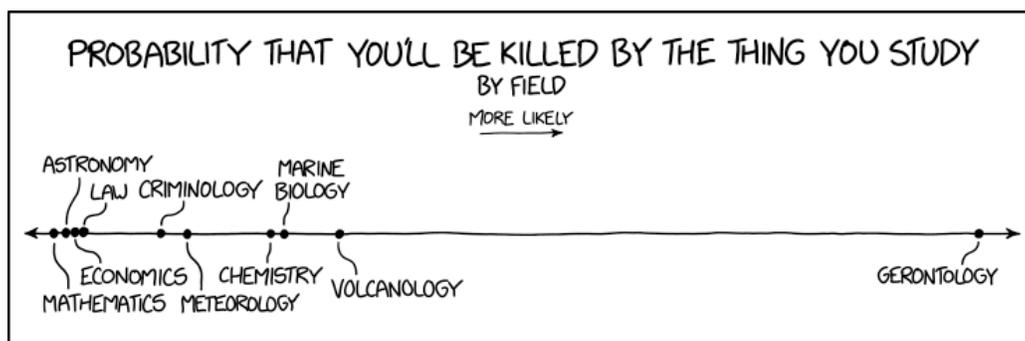
### Work Study Positions

If you are interested in a work study job, available positions are posted on the WVSOM website at <https://www.wvsom.edu/OMS/work-study>

### Research

Remember that there are resources for students interested in participating in Research and Scholarly Activity projects. Information on upcoming abstract submission due dates, conference presentations, and summer externships is available on this page: <https://www.wvsom.edu/ORSP/Research-Students>. Also available on this web page is information on how to do literature reviews, case reports, and how to get a project approved by WVSOM. Remember that all projects must be approved in advance of undertaking the project.

Finally, the Office of Research and Sponsored Programs often gets asked about how to start a research project or how to find a research mentor. The best plan for finding a research mentor is to reach out to faculty, with whom you have similar interests. Check out the faculty interests on this page: <https://www.wvsom.edu/ORSP/faculty>. Clinicians who do not have a webpage presence may still be willing to work with you on a case report. Reach out to faculty directly.



“Dangerous Fields” from [xkcd.com](http://xkcd.com)

# Professional Opportunities

## Summer Programs

It is not too late to apply for a summer research or education program. The Office of Research and Sponsored Programs maintains an [extensive list of summer fellowships](#) for medical students. Here we feature three opportunities that have application deadlines in March:

### [Gold Student Summer Fellowships](#)

The program offers opportunities for medical students to complete a research or service project that is related to community health. Students submit a proposal for their project and are expected to work under the oversight of a mentor. Projects should focus on improving the health and lives of traditionally underserved and at risk populations, encouraging collegial and interprofessional teamwork, and encouraging lasting or systemic change. A stipend of up to \$4000 is provided for the 10-week period.

Application deadline: 26 March 2021

### [Heart, Lung and Blood \(HLB\) Summer Research Program at Case Western Reserve University](#)

Participants engage in state-of-the-art biomedical research in cardiovascular, pulmonary, hematological and sleep disorders research. Students who belong to groups that are underrepresented in biomedical sciences are eligible to apply. Twelve undergraduate and 8 medical students are selected. Interns receive a monthly stipend of \$1750 as well as support for travel and housing.

Application deadline: 15 March 2021

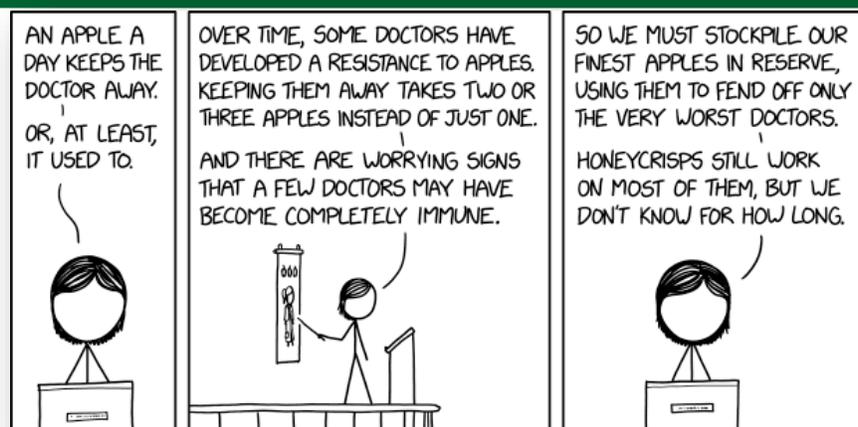
### [Johns Hopkins University Summer Employment](#)

The program is looking for first and second year medical students to fill the role of health assistant to support the Center for Talented Youth Summer Programs that are held throughout the US. Starting salary is \$3200 for a seven-week period. Room and board are provided. Programs run from June to August with dates varying by location.

Application deadline: Ongoing until filled

*“Research is what I’m doing when I don’t know what I’m doing.”*

*—Wernher von Braun*



“An Apple a Day” from *xkcd.com*

## Information About the Match

[WVSOM GME website](#)

[Video resources](#)

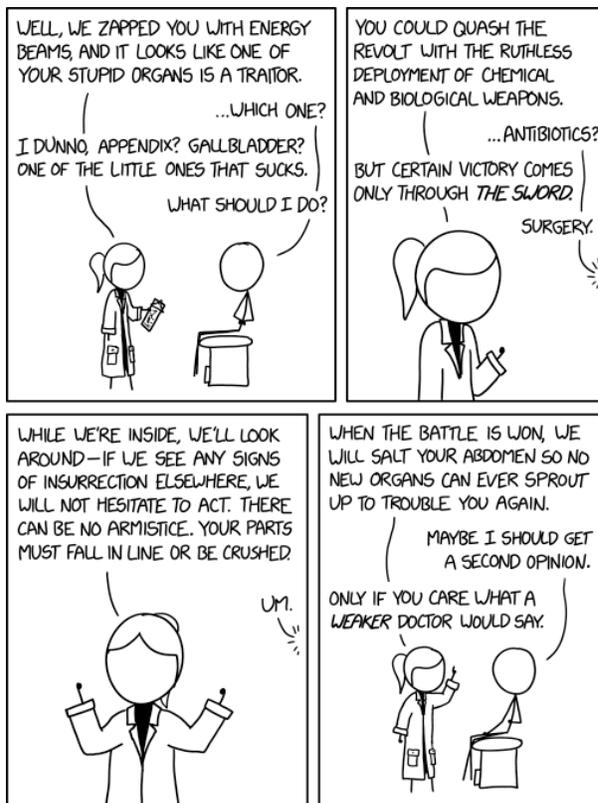
[WVSOM GME Guide to the Match](#)

[WVSOM Match Data](#)

[Residency Roundtable held virtually the first Tuesday of the month \(for all WVSOM students\)](#)

[AAMC residency resource website](#)

NRMP Match resource website: [www.nrmp.org](http://www.nrmp.org)



“Appendicitis” from *xkcd.com*

**We want your  
feedback and ideas!**

We want your feedback! Please use the link or QR code to let us know how we can make this newsletter more useful and to make suggestions for future topics.

<https://www.surveymonkey.com/r/XXGMXG6>

