

**AHEC Team Report Form**

**Regional AHEC:** *SE AHEC*

**Dates of AHEC rotation:** *May 2005*

**Students/Residents Participating:**

<b>Name</b>	<b>Discipline</b>	<b>School/Residency Program</b>
<i>Randy Curl, MD</i>	<i>Family Medicine Resident</i>	<i>WVU</i>
<i>Christine Moyers</i>	<i>Dietician/MSSL/ Diabetic Education Student</i>	<i>University of Delaware</i>
<i>Brianne Bonham</i>	<i>Pre-Med Student</i>	<i>Marshall University</i>
<i>Rebecca Cline</i>	<i>Medical Student – III</i>	<i>WVSOM</i>
<i>M. June McIntyre</i>	<i>Physicians Assistant</i>	<i>Mountain State</i>

**Preceptor(s) in charge of AHEC team:**

*Mudassir Nawaz, MD – Richwood Area Community Hospital*

**Continuing education of faculty development events (please include number of people attending, broken down by faculty, students/residents, community members, etc.):**

*N/A*

**AHEC Team Member education:**

*Decrease the number of individuals that use tobacco through an awareness and educational program and provide tobacco cessation resource materials for health care providers and tobacco users within Nicholas County.*

**Counties assessed by students/residents:**

*Nicholas County*

**Healthy People Objective addressed:**

*WV 2010 Focus Area: Tobacco Use*

*Objective 27.1: Reduce the prevalence of cigarette smoking among youth and adults.*

*Objective 27.1d: Reduce the proportion of youth in grades 6-12 who report smoking in the previous month.*

*Objective 27.4: Increase to at least 80% the proportion of health care providers who routinely advise cessation and provide assistance and follow-up and document charts for all their tobacco-using patients.*

*Objective 27.7: Reduce smokeless tobacco use among adult men aged 18+ to 13% or lower.*

*Objective 27.8b: Reduce the proportion of young men in grades 9-12 who report smokeless tobacco use to 16% or lower.*

**Assignments given students/residents:**

- *Create and develop an awareness and educational power point presentation for local businesses from gathering information on research and the data collected about tobacco use and cessation.*
- *Design a tobacco-use survey tool to be implemented within the schools.*
- *Contact the county health department to identify health care providers within Nicholas County.*
- *Write and distribute a “Call to Action” letter with resource hotline information and an order form for free resource material available to health care providers for patients that use tobacco.*
- *Research Tobacco Information and Prevention Source(TIPS) Website of the CDC, WV DHHR Tobacco Prevention Program, and other tobacco resource agencies to order educational pamphlets, posters, brochures, and hotline information to be distributed to health care providers, the school-based wellness center, and local businesses.*
- *Contact a local business to schedule and implement the presentation, “Kicking Your Butts”.*

**Pew Competencies selected by students/residents:**

1. #1: *Embrace a personal ethic and social responsibility and service.*
2. #2: *Exhibit ethical behavior in all professional activities.*
3. #3: *Provide evidence-based, clinically competent care.*
4. #4: *Incorporate the multiple determinants of health in clinical care.*
5. #5: *Apply knowledge of the new sciences.*
6. #6: *Demonstrate critical thinking, reflection, and problem-solving skills.*
7. #7: *Understand the role of primary care.*
8. #8: *Rigorously practice preventive health care.*
9. #12: *Provide culturally sensitive care to a diverse society.*
10. #15: *Work in interdisciplinary teams.*
11. #16: *Ensure care that balances individual, professional, system, and societal needs.*
12. #17: *Practice leadership.*
13. #18: *Take responsibility for quality of care and health outcomes at all levels.*
14. #19: *Contributes to continuous improvements of the health care system.*
15. #20: *Advocate for public policy that promotes and protects the health of the public.*
16. #21: *Continue to learn and help others learn.*

**Interventions implemented by students/residents (include brief description of intervention, including number of community members impacted):**

*\* AHEC Team presented an educational program, “Kicking Your Butts: Smoking and Smokeless Tobacco Use and Cessation”, on May 24, 2005 to 50 male employees of Georgia Pacific Lumber Company, located in Richwood, West Virginia. Resource and educational materials on tobacco cessation were distributed.*

*\* AHEC Team developed a “Tobacco Survey for Nicholas County High School”, primarily targeting 10<sup>th</sup> and 11<sup>th</sup> grade students to assess tobacco use and provide resource information for students on tobacco cessation programs.*

*\* AHEC Team provide a “Call to Action” letter along with information on free education and resource materials available to health care providers within Nicholas County for tobacco using patients.*

**Sample of data collected:**

- *Gather information on resource material available for tobacco cessation programs.*
- *Research Tobacco Information and Prevention Source (TIPS) Website of the CDC, WV DHHR Tobacco Prevention Program, and Nicholas County Smokefree Workplace Regulation of 2002.*
- *Gather information to design a survey tool for high school students and review of the Nicholas County Community Health Survey.*
- *List of health care providers within Nicholas County.*

**Summary of community interventions:**

*\* AHEC Team presented an educational program, “Kicking Your Butts: Smoking and Smokeless Tobacco Use and Cessation”, on May 24, 2005 to 50 male employee of Georgia Pacific Lumber Company, located in Richwood, West Virginia.. Resource and educational materials on tobacco cessation were distributed.*

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**Findings of the AHEC Team:**

*\* A tobacco use survey had never been implemented in the Richwood Area High School.*

*\* Georgia Pacific (and other local industries) considered health issues of employees to be directly related to the safety of the company.*

*\* From the high school survey, the team found out of 113 returned surveys, 75 students reported to be non-tobacco users while 48 students reported using tobacco.*

**Recommendations of the AHEC team:**

*The SE AHEC Team of Nicholas County May 2005 recommends a follow-up with the schools to conduct the tobacco survey again in the fall of 2005 with the same students*

*(11<sup>th</sup> and 12<sup>th</sup> grades for the fall of 2005) to compare whether tobacco use has changed. In addition, they would like to see future AHEC Teams addressing tobacco use to encourage the schools to schedule the program: "Tobacco Truth", by No Puff Daddy, Sterlen Barr, health educator from Philadelphia who travels the nation to promote his tobacco-free program to youth. Also we would like to see future teams contact the "No Puff Daddy" Program and have it performed for the surrounding SE-AHEC counties, if not a statewide tour of WV. They may also be able to purchase "No Puff Daddy" cds or videos to show to the kids in school. The team recommends that the "Kicking Your Butts" program be presented to other local businesses and tobacco cessation groups.*